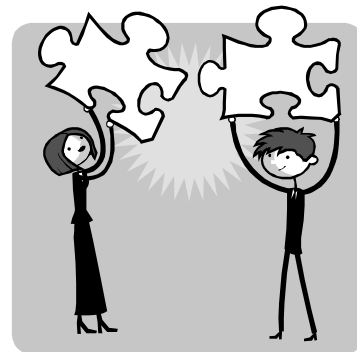


Our Lady of Mt. Carmel invites you to:
Mother/Daughter and Father/Son Programs
God's Plan for Growing Up

- February 19, 2010 (Friday, 7:00 – 9:00 p.m.)
 For fathers (or other adult) and sons 11-14
- February 28, 2010 for mothers and daughters ages 9 - 12
- March 7, 2010 for mothers and daughters ages 13-17
Mother-Daughter Programs are Sundays 2:00 – 4:30 p.m.



Our Lady of Mt. Carmel Auditorium
 2609 Tenth St. at Superior Blvd., Wyandotte

The Mother/Daughter and Father/Son Programs explore God's special gift of human fertility and the beauty and wonder of God's plan for growing up and becoming a woman or man in the context of Pope John Paul II's teaching on the *Theology of the Body*. Topics include: the changes in a young woman's (man's) body as it prepares for motherhood or fatherhood; the onset of ovulation and subsequent menstrual periods; the functions of the female (or male) reproductive system; the sacredness of human life; the virtue of chastity; and a confidential question and answer segment.

The purpose of the programs is to provide an atmosphere of love and learning to discuss the important topic of growing up and to establish a foundation for continued communication between parent and child. The programs are presented by users and teachers of Natural Family Planning and emphasize respect, understanding and appreciation for God's gifts.

Pro-life and chastity support information will be available as well as a resource sales table.

Cost is \$17 per family per program (non-refundable). Please complete the reservation form below. For further information contact Godsplanforgrowingup@gmail.com or Mrs. Debbie Bloomfield, (734)283-9753. Sponsored by the OLMC Education Commission.

For directions see: www.ourladyofmountcarmel.org.

Reservation Form

- February 19, 2010 (Friday 7-9 pm) program for fathers with sons 11-14 years old
- February 28, 2010 (Sunday, 2-4:30 pm) program for mothers with daughters 9-12 years old
- March 7, 2009 (Sunday, 2-4:30 pm) program for mothers with daughters 13-17 years old
- \$17 enclosed (for each program)

Parent's Name _____ Child's Name _____ Age _____

E-mail _____ Child's Name _____ Age _____

Address _____ City, State, Zip _____

Daytime phone (_____) _____ School / Church _____

If you would like a confirmation of reservation, please include a self addressed, stamped envelope. Please make \$17 check payable to Our Lady of Mt. Carmel and mail with the reservation form to: Mother-Daughter (or Father-Son) Program, Our Lady of Mt. Carmel, 976 Pope John Paul II Ave., Wyandotte, MI 48192.

Please copy, post, and distribute